

SAFEGUARDING PROCEDURES

CODE OF PRACTICE

Abuse can occur within many situations including the home, school and creative or educational environments including digital spaces. There may be instances when RET employees, freelancers or volunteers have regular contact with children and adults at risk and this could make them an important link in identifying cases where they need protection. There may also be occasions when a member of RET witnesses child or adult abuse or bullying, or when a person discloses such information to them. All suspicious cases of poor practice should be reported following the procedures set out in the Safeguarding Children and Adults at Risk Procedures.

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1. GOOD PRACTICE:

1.1 Personal behaviour

All representatives of RET should demonstrate behaviour that promotes the welfare of children and adults at risk to reduce the likelihood of allegations being made.

All representatives of RET should be an excellent role model – this includes not smoking or drinking alcohol in the company of children when in a role of responsibility (e.g. not on school premises or when responsible for a group of children).

Always working in an open environment (e.g. avoiding private or unobserved situations and encouraging open communication).

Treating all people equally, with respect and dignity.



Being aware and respectful of people from different faiths and cultures.

Building balanced relationships based on mutual trust which empowers children and vulnerable adults.

Always putting the welfare of each participant first, before winning or achieving goals.

Making activities fun, enjoyable and fair.

Giving enthusiastic and constructive feedback rather than negative criticism.

Maintaining a safe and appropriate distance with participants (e.g. it is not appropriate for staff or volunteers to have an intimate relationship with a child /adult at risk).

1.2 Child Supervision

RET will ensure we follow NSPCC guidelines for supervision in regulated activities¹ with children:

- 1 adult to 10 children aged 13 18
- 1 adult to 8 children aged 9 12
- 1 adult to 6 children aged 4 8

For non-regulated activities² RET will ensure that at least one member of staff from the partner organisation is present throughout all activities involving children. No school or youth group should be left without a legally responsible member of staff present.

Unaccompanied children participating in Engagement activities must ensure parental consent is given in advance and that RET have emergency contact details and details of permitted adults who can collect the child.

No child should leave RET activity unaccompanied without written consent from a parent that they are permitted to do so.

No child under 5 years of age should be left unaccompanied at an event.

Children should not be brought into work when childcare issues arise: alternative arrangements should be made. All unaccompanied children like that of other visitors should enter the building via Stage Door and be signed in by the Stage Door staff member. The appropriate member of staff should be called and told to meet the visitor at Stage Door. No child should be allowed to progress to the offices and workspaces unaccompanied.

¹ Based on DBS guidelines this could include Children's Company, Young Company, Engagement projects, productions with non-professional or child actors

² Based on DBS guidelines This could include one-off workshops and events, visits and tours, hires, individual and group audiences with children



1.3 Health & Safety

Risk assessments for activity with children and adults at risk will be carried out by the appropriate staff member and shared with all relevant staff and partners

- Health and safety procedures are discussed at the beginning of any project / activity.
 Supervisors and volunteers should know the evacuation procedures and should tell the group before the session start;
- There must be access to a telephone / radio in the building (or mobile);
- Equipment must meet safety standards;
- There must be a first aid box which meets current Health & Safety (First Aid) Regulations and a member of staff trained in First Aid;
- Staff should check on the Personal Emergency Evacuation Procedures (PEEP) for the space/s they are working in and check for any changes or updates to evacuation procedures;

If a child / adult at risk is injured while in the building or while involved in a project, the accident/injury must be logged in the accident book held at Stage Door reception and their parent/carer must be advised of the incident.

Parental consent is secured in writing to act *in loco parentis*, if the need arises to give permission for the administration of emergency first aid and/or other medical treatment

Where project delivery and performances happen outside of the RET project managers should ensure there is access to first aid provision. Where there is none it should be brought to each session / performance and checked / restocked as necessary. Insurance certificates are obtained or Insurance Company notified in case additional insurance cover is required for any aspect of the project / performance. The incident should be recorded in the site's accident book. If there isn't one the RET book should be used.

Where someone is taken ill or injured within their home on an online session the host should first put them into a breakout space to give them privacy accompanied by a workshop assistant or member of staff. The assistant or member of staff in the breakout room should find out if there is anyone at home that can help them. If there isn't the assistant or member of staff should support them to access help – either calling emergency services or someone who can come and help them. If the person is unable to inform the host this would be an emergency and an ambulance should be called. The incident should be recorded.

People booking on to online workshops should be reminded to ensure contact details are correct and to let staff know if you will be zooming from a different address than on your account.

1.4 Engagement

At the start of all projects the Safe Spaces statement (Appendix A) will be read at the start of the project and DSOs identified to the group. A code of conduct will be created by the group.

The practitioner leading the session should always have a named contact with legal responsibility for participants under age 18 (usually a parent / carer or teacher/youth worker). They should never assume sole responsibility for a child.



When a person has been identified as having additional needs or behaviours that are likely to require additional supervision, specialist expertise or support, the DSO will discuss this with main contact from a partner organisation or with the parent / carer and where appropriate the child / adult at risk, to ensure they can be supported to participate safely.

Practitioners should consider individual needs of each participant and must plan activities to ensure the whole group can participate.

It is not usually necessary to have any physical contact with participants. We recognise that in practical theatre workshops there may be a need for physical contact, for example to demonstrate a technique or exercise. In this circumstance you should employ safe touch principles and explain to the child / adult at risk what you intend to do and gain their permission. Ensure any physical contact is only made when absolutely necessary and is only made with the individual's permission.

In school, community and informal education settings teachers / group leaders / carers MUST remain present at all times during activities led by the RET staff. They should maintain discipline during a workshop session in line with their guidance and protocols.

In workshops where there are no teachers / carers / groups leaders present you must ensure that any disciplining is appropriate.

It is best practice to avoid lone working situations and the RET operates a policy of workshop assistant support and / or volunteer support for individual sessions and within projects. Workshop Assistants and volunteers are subject to the same DBS checks as freelance staff.

1.5 Work Experience

- While on work experience, students are classed as employees under Health & Safety law and are covered by the RET's insurance.
- Students should be allocated a supervisor during their placement.
- Students should be given an induction on their first day, which includes evacuation procedures, first aid, and health and safety at work

1.6 Mentoring / 1-1 support

When lone working is unavoidable full and appropriate risk assessments must be conducted and agreed.

- Staff are advised to avoid meetings with a child or adult at risk in remote, secluded areas.
- Staff should only deliver small group or individual sessions in agreement with a DSO and always inform other colleagues and/or parents/carers about the contact beforehand.
- Avoid the use of 'engaged' or equivalent signs on doors. Such signs may create an opportunity for secrecy or the interpretation of secrecy.
- Careful consideration must be given to the needs and circumstances of the child /adults at risk in 1-1 situations.
- 1 -1 sessions must only take place in a room with an open door or window that provides a clear view into the area where the session is taking place.



1.7 Visitor Experience

- RET is a public space. The presence of Visitor Experience staff does not replace the need for parents or carers to supervise the children while on RET premises.
- Parents and guardians must stay with their children at all times when visiting the RET. This
 includes school groups where teachers are responsible for their students whilst in the
 building.
- All Visitor Experience staff wear a name badge and are easily identifiable. Lost children should contact an easily identifiable member of staff.
- Visitor Experience staff are mindful of visitors to the building and if a child is thought to be
 lost they will approach the child and look for the nearby parent/guardian. Lost children will
 be accompanied to the Visitor Experience Office where an announcement will be made.

1.8 External Hirers

It is the responsibility and condition of external hirers of the RET facilities to ensure adequate supervision of children in their care and to read and sign Appendix B. However, the RET will take all possible precautions to ensure the safety of children using our facilities.

1.9 Professional Productions

For performances where participants are getting changed at the RET, and who are under the age of 16 (compulsory school age) registered Chaperones must be booked. The ratio of chaperone to children is a maximum 1:12. If children do need to get changed, either separate dressing rooms should be arranged and where this is not possible suitable arrangements must be made to cordon off for child use only and split by gender. Separate and designated toilets will also be arranged where possible.

The Producer is responsible for obtaining licences and will pass on to the CM or CSM depending on the production.

Performance licenses need to be obtained for performers under the age of 16. However, application for license free days can be sought if the all of the following conditions apply:

- The child has not performed on more than 3 days in the past 6 months;
- The child is not having any time off / out of school;
- The child is not being paid for the performance;
- The production company and/or the parent/guardians are not being paid for the child's performance.

If a child does not meet all of the above, application for a performance licence is still required. Performance licenses obtained for individuals must be obtained from the local authority where the child lives rather than where they attend school.

Alternatively, a body of persons arrangement (BOPA) can be obtained for groups performing where they are not getting paid. A BOPA is granted to the organisation that is responsible for the performance NOT the child and is in the organisation's name only. The approval is granted by the local authority where the performance is taking place e.g. Manchester City Council; the local



authority can grant the approval even if the children taking part do not live within its' boundaries. A BOPA can be granted to an organisation for a single performance or for a series of performances within a specified time providing no payment is made to the child or to anyone else in respect of the child taking part in the performance. Details of each performance/rehearsal including the dates, times and location together with the name/s of chaperones and the names, date of birth, address and school of all the children taking part (under 16) must be included and the BOPA applied for at least 21 days in advance of the first performance unless otherwise agreed by the LA.

NB. A BOPA is only supposed to be granted in situations where the children are not required to be absent from school. However, if the school can demonstrate that the children's education will not suffer from the absence required (e.g. the activity is tied to curriculum learning) then most local authorities will normally be happy to issue a BOPA rather than insisting on individual licences for all the participating children. It is always recommended that you seek advice from the relevant local authority before applying.

2 PRACTICES TO BE AVOIDED

The following should be **avoided** except in emergencies. If cases arise where these situations are unavoidable it should be with the full knowledge and consent of someone in charge, such as a teacher or the child's parents:

- Avoid spending time alone with children away from others. Avoid taking or dropping off a participant to an event or activity.
- Avoid taking on the responsibility for tasks for which you are not appropriately trained, for example physically handling disabled participants.
- Do not promise to keep secrets for a child / adult at risk as this may be at the detriment of their welfare.
- Do not give personal contact details to child or participant (e.g. personal mobile phone number/Facebook profile). Work phones and social media profiles to be used when required.
- Do not use physical intervention to manage challenging behaviour (see section 5.5 for further details)

3 PRACTICES NEVER TO BE SANCTIONED

- Physical punishment or the threat of such
- Refusal to speak to or interact with the child or participant
- Depriving participants of food, water, access to changing facilities or toilets or other essential facilities.
- Verbal intimidation, ridicule or humiliation, or reducing a participant to tears as a form of control.
- Engaging in rough or sexually provocative games.
- Allowing or engaging in any form of inappropriate touching.
- Allowing participants to use inappropriate language unchallenged.



- Making sexually suggestive comments to a participant.
- Failing to act upon and record any concerns raised by a participant.
- Doing things of a personal nature for a participant that they can do for themselves.
- Inviting or allowing a participant to stay with you at your home unsupervised.

N.B. Please be aware that due to some of the content and language in RET productions, children participating in activities with the company may challenge some of the above guidelines. In these instances, RET representatives should clearly and firmly explain that such behaviour is inappropriate in an educational setting and will not be tolerated.

4 MANAGING CHALLENGING BEHAVIOUR

When working with children and vulnerable adults you may, on occasions, be required to deal with challenging behaviour, such as:

- Bullying
- violence towards others
- bad language
- discrimination and racism
- venturing outside boundaries on purpose
- abuse of facilities or equipment
- disobeying staff / volunteers
- deliberately making a situation unsafe.

In responding to challenging behaviour your reaction should always be consistent, proportionate to the actions, be imposed as soon as is practical and be fully explained to the person and their teachers/parents/carers.

If you are faced with participants who display negative or challenging behaviours you should follow these guidelines:

- Immediately state that this behaviour cannot be tolerated.
- If behaviour persists request that the participant takes a Time Out (leaves the room, supervised by a member of staff).
- Talk to the participant about their actions, asking what happened and explaining what is wrong with this behaviour.

The lead practitioner will decide whether further action is necessary. This could include:

- Reparation the act or process of making amends (i.e. apologising for actions).
- Restitution the act of giving something back (i.e. returning stolen property).
- Sanctions or consequences, e.g. missing out on a trip.
- Use of individual 'contracts' or agreements for their future or continued participation.
- Increased supervision by staff / volunteers.



- Seeking additional/specialist support through working in partnership with other agencies to ensure a child's needs are met appropriately e.g. referral for support to Children's Social Care, discussion with the child's key worker if they have one, speaking to the child's school about management strategies (all require parental consent unless the child is felt to be 'at risk' or 'in need of protection').
- Temporary or permanent exclusion

5. PHYSICAL INTERVENTION

If delivering RET activities at a partner organisation the overall responsibility for behavioural management lies with the partner. Every organisation has its own procedures for managing challenging behaviour and therefore it is essential that you **do not** use any form of physical intervention at any time.

However, for activity delivered at RET, the company has responsibility for the safety of people in its care at that time. In this instance physical intervention should be avoided unless it is absolutely necessary to prevent a person from injuring themselves or others or causing serious damage to property (such as arson). All forms of physical intervention should form part of a broader approach to the management of challenging behaviour.

Physical contact to prevent something happening should always be the result of conscious decision-making and not a reaction. Before physically intervening, the member of staff or volunteer should ask themselves, 'Is this the only option in order to manage the situation and ensure safety?' It is good practice to ensure that if you have to physically intervene in a situation it is in the least restrictive way necessary to prevent them from getting hurt and used only after all other strategies have been exhausted. Studies have shown that, where this is the case, people understand and accept the reasons for the intervention.

Where people have been identified as having additional needs or behaviours that are likely to require physical intervention the DSO will discuss this with parents / carers in advance and where necessary seek advice from NSPCC to ensure that a child can be supported to participate safely. This may include employing a suitably trained support worker or accessing training in physical intervention.

The following must always be considered:

- Physical intervention is a last resort and should be only be used if absolutely necessary to prevent a person from harm.
- Physical intervention should NOT involve inflicting pain to a person, but rather to restrain and protect them.
- All forms of physical intervention should employ only a reasonable amount of force, i.e. the minimum force needed to avert injury to a person or serious damage to property applied for the shortest period of time.
- Staff /volunteers should consider the circumstances, the risks associated with employing physical intervention compared with the risks of not employing physical intervention.
- Staff/volunteers should never employ physical interventions which are deemed to present an unreasonable risk to participants or staff/volunteers.



- Staff/volunteers shall never use physical intervention as a form of punishment.
- Contact should be avoided with buttocks, genitals and breasts.

Any physical intervention used should be recorded as soon as possible after the incident by the staff/volunteers involved using the Concern Report Form and passed to the DSO immediately.

A timely debrief for staff / volunteers, the person involved and parent / carer where necessary should always take place following an incident where physical intervention has been used. This should include ensuring that the physical and emotional well-being of those involved has been addressed and ongoing support offered where necessary. All involved should be given an opportunity to talk about what happened in a calm and safe environment. There should also be a discussion with the person and parents about their needs and continued safe participation in the group or activity.



APPENDIX A: SAFE SPACES STATEMENT

As part of its Safe Spaces campaign, Equity is encouraging members to read aloud the statement below at the beginning of every new rehearsal period, read through, workshop or project

Every single one of us working on this project is entitled to work in a safe space: a space free of fear, a space free of bullying and harassment of any kind.

We will work together honouring our differences and celebrating the gifts we each bring to the table. We will treat one another with politeness and respect at all times and, if we are subjected to or witness bullying and harassment, we will speak out knowing that our voices will be heard and we will be taken seriously.

Together we can create a Safe Space.

Read Equity's report on sexual harassment: www.equity.org.uk/agenda-for-change





APPENDIX B: GUIDANCE FOR EXTERNAL HIRERS

The following procedures and guidelines apply to all staff, teachers, performers and volunteers involved in hired events at RET. You are required to undertake suitable actions to satisfy this policy. If you do not comply, or your performance practice significantly contravenes this policy, your event may be cancelled and/or future bookings may not be accepted.

Safeguarding procedures and guidelines are intended to be implemented in tandem with other RET policies and procedures, particularly the Equal Opportunities and Health & Safety policies.

In Advance:

- It will be assumed that the contact on the Contract will be the Group Leader for the day. If
 this is not the case then this information should be given to the Duty Manager in advance
 of the visit.
- All Supervisors MUST have an Enhanced DBS check. The organisation must be able to provide RET with confirmation that all appropriate adults have completed this process.
- The organisation MUST ensure that the performance adheres to Child Licensing Legislation. It is the promoter's responsibility to acquire child performance licences, or provide RET with written notification that a licence is not required.
- The organisation MUST make parents aware of the procedures for collecting their children after the performance: i.e. they should know when, where and how they will be reunited with their children.

During the rehearsal/performance:

- For children involved as performers, adequate supervision backstage is to be provided by the Promoter of the Event to the ratios outlined above. An appropriate number of male/female staff should be present dependent on the make-up of the group.
- The Promoter must supply 'SUPERVISOR' badges for backstage supervisory staff, so that they are immediately identifiable to RET staff. Parents who are not supervisors WILL NOT be allowed access to the Dressing Rooms/Backstage.
- RET staff will be allocated to each area of the building that is in use by the visiting company. They are there solely for the purpose of safety and to assist in evacuation, and will not act in a supervisory capacity.
- NO members of the public (including relatives of performers) are permitted in the Dressing Rooms/Backstage UNLESS they can be identified as Supervisors/Stage Crew. This includes access before and after the show and during the interval.



- The Promoter must ensure that children waiting backstage remain in their allocated areas, and do not enter any office areas or areas which are out of bounds except to trained personnel.
- When children are seated in the theatre module the Supervisors must make sure the children remain seated at all times during the performance unless they are being escorted in or out of the building or to use the facilities.
- Access to, and egress from, the building is to be discussed with the relevant parties at a Production Meeting prior to the event. Evidence must be produced to satisfy the Royal Exchange that this information will be passed on to the Supervisors and/or Parents.
- No food or drink will be allowed into the Theatre Module or Studio.
- It is the responsibility of the promoter to advise RET of their policy on photography and filming of the event.

A copy of the RET's Safeguarding Policy is available on request.

Please return one signed copy of this form to RET with your contract and retain one copy for your records.

On behalf of the Promoter:
Date:
Date:
O. L.L. II. (DET
On behalf of RET:
Date:

YOUR BOOKING WILL NOT BE CONFIRMED UNTIL THIS FORM IS RETURNED